

COVID-19 Patient Guidance

If you tested positive for COVID-19 or think you may have COVID-19, please follow this guidance to keep yourself and others safe.

WHAT TO DO



You May Have COVID-19, Please Self-Isolate

Please stay home while you wait for your test result to prevent unknowingly exposing others. Your lab or medical provider will tell you if you test positive for COVID-19. They will also tell your Local Health Department. You should stay home unless you need medical care. Stay in a specific room and away from other people and pets. If possible, try to use a different bathroom.



You May or May Not Have Symptoms

Symptoms of COVID-19 include fever, chills, cough, tiredness, shortness of breath, headache, sore throat, loss of smell, and more. If your symptoms worsen and you feel you need care, contact your medical provider.

If You Test Positive, Your Help is Needed

If your test is positive, please notify your contacts as soon as possible.



An infectious disease investigator from the Health Department will call you to offer assistance as well as to establish recent contacts and places you have been in the last few days. Early notification of contacts will help slow the transmission of the virus.

You Can Ask for Help

If you are sick, please contact your healthcare provider or seek medical care. For more information, call the Woodford County Health Department: 859-873-4541



KEEP OTHERS SAFE



Call Your Friends, Family, School, and Work

People who may have been exposed to COVID-19 need to quarantine for 10 days after the exposure. Contacts are people who were within 6 feet of you for more than 15 minutes while you were infectious. You were most likely infectious 2 days before your symptoms started.

2 Days before symptoms started

Or



2 Days before you tested



Within 6 feet



For 15 Minutes
OR MORE

